

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WESTMINSTER VILLAGE INDEPENDENT/ASSISTED LIVING ACTIVITY CALENDAR CONTACT THE LIFE ENRICHMENT TEAM WITH ANY QUESTIONS AT 765-288-2155 EXT 1156		1 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOP AT WAL-MART 2:00 BINGO (EH) 3:00 BILLIARDS/POOL (LL)	2 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT TO NEW (LL) 2:00 BREAST CANCER SPEAKER (EH) 3:00 TED TALKS (FL) 4:15 B-DAY DINNER/5:30 VIOLIN (ML)	3 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 2:00 TECH TIME (AS) 2:30 CRAFT-MAKE PERSONALIZED CARDS (AS) 6:30 BINGO (EH)	4 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE: THE HELP & POPCORN (EH) 4:00-6:00 SOCIAL HOUR (EH)	5 2:00 MOVIE: DAVID & BATHSHEBA (EH) PUZZLES & BRAIN TEASERS (AS)
6 2:00 BOOK TALK (VMR) 3:00 VESPERS (C) PICK UP DEVOTIONS & BRAIN TEASERS (AS)	7 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 11:30 LUNCH BUNCH-SITARA 2:00 APPLE CIDER FLOAT (ML) 3:30 READING GROUP (AS) 4:00 GAME: WOULD YOU RATHER (ML)	8 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOP AT MEIJER 2:00 BINGO (EH) 3:00 BILLIARDS/POOL (LL) 7:00 LARRY DAVIS (EH)	9 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT TO NEW (LL) 3:00 TED TALKS (FL) 6:30 BINGO (EH)	10 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 2:00 TECH TIME (AS) 2:30 LADDER BALL (ML) 6:30 CANDIDATE FORUM (EH)	11 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE: MATCHMAKER MARY & POPCORN (EH)	12 1:00 MOVIE: THE FASTEST INDIAN (EH) 6:30 ORCHESTRA INDIANA @ MUNCIE CENTRAL HS PUZZLES & BRAIN TEASERS (AS)
13 3:00 VESPERS (C) PICK UP DEVOTIONS & BRAIN TEASERS (AS)	14 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 10:30-11:30 FISHING (WV POND) 1:00-2:00 PUNCH & CORN HOLE (ML) 2:00 AL NEW RES. ORIENTATION (FL) 2:00 JEWELRY MAKING (AS) 3:30 READING GROUP (AS)	15 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOP AT WAL-MART 2:00 BINGO (EH) 3:00 BILLIARDS/POOL (LL)	16 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT TO NEW (LL) 2:00 NEW RES. ORIENTATION (VMR) 3:00 TED TALKS (FL) 3:30 WACKANOODLE WENESDAY	17 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 1:00 RESIDENT ASSOCIATION (EH) 2:00 THE GARDEN NETWORK (VMR) 2:00 TECH TIME (AS) 6:30 BINGO (EH)	18 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE: THE GREATEAST GAME & POPCORN (EH) 4:00-6:00 SOCIAL HOUR (EH) 7:00 COMMON GROUND (EH)	19 10:00 ROSARY GATHERING (4TH FLOOR & FL) 2:00 MUSICAL FRIENDS W/NAOMI JACKSON (EH) PUZZLES & BRAIN TEASERS (AS)
20 2:00 BOOK TALK (L) 3:30 VESPERS (C) PICK UP DEVOTIONS & BRAIN TEASERS (AS)	21 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 1:00 DECORATE PUMPKINS (EH) 3:30 READING GROUP (AS) 7:00 PAUL WHITE (EH)	22 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOP AT MEIJER 2:00 BINGO (EH) 3:00 BILLIARDS/POOL (LL)	23 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT TO NEW (LL) 2:00 COOKING CLASS PLANNING FOR NOVEMBER (FL) 3:00 TED TALKS (FL)	24 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 1:00 ONE-ON-ONES (AL) 2:00 THE GARDEN NETWORK (VMR) 2:00 TECH TIME (AS) 6:30 BINGO (EH)	25 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 MOVIE: TWISTER & POPCORN (EH)	26 2:00 MOVIE: GRUMPY OLD MEN (EH) PUZZLES & BRAIN TEASERS (AS)
27 3:00 VESPERS (C) PICK UP DEVOTIONS & BRAIN TEASERS (AS)	28 9:30 MASSAGES W/MYRA (FL) 9:30 MINDFUL MOVEMENT (WC) 10:15 STRENGTH & FLEX (WC) 2:00 BOARD GAMES (FL) 3:30 READING GROUP (AS)	29 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 12:30 SHOP AT WAL-MART 2:00 BINGO (EH) 3:00 BILLIARDS/POOL (LL) 4:00 TRIVIA (ML) 6:00 BALL CENTER: EERIE MUNCIE (EH)	30 8:00 MEN'S BREAKFAST CLUB (EH) 9:30 MINDFUL MOVEMENT (WC) 9:30 CATHOLIC SERVICES (C) 10:15 STRENGTH & FLEX (WC) 1:00-3:00 NEXT TO NEW (LL) 3:00 TED TALKS (FL)	31 10:00 AL EXERCISE (AL/FL) 10:30 SILVER SNEAKERS (WC) 11:00 MOVEMENT GROUP (E) 2:00 THE GARDEN NETWORK (VMR) 2:00 TECH TIME (AS) 2:30 CRAFT-CENTER PIECES (AS) 6:30-8:00 TRICK OR TREATERS (ML) 6:00 BINGO STORE (EH) 6:30 BINGO (EH)	LOCATION KEY: <ul style="list-style-type: none"> • MAIN LOUNGE (ML) • ACTIVITY SUITE (AS) • FIRESIDE LOUNGE (FL) • EVENT HALL (EH) • ASSISTED LIVING (AL) • LIBRARY (L) • WELLNESS CENTER (WC) • LOWER LEVEL (LL) • VILLAGE MEETING ROOM (VMR) • ESSEX (E) • CHAPEL (C) 	