

January 2021

Westminster Village Resident Spotlight



"In February, we will start our third year living at Westminster Village. Shortly after I was diagnosed with Parkinson's disease, we decided to check out our options. We looked at four different retirement places in Muncie and came to believe that Westminster was the best choice for residential living. Before we moved in we were invited to eat dinner. We were impressed with the quality of food. After two years, we are still impressed. Other things that stand out are the exercise programs and the

entertainment options we have. We particularly enjoyed writing our biographies with the help of the Ball State students. We also enjoy the beautiful grounds around the building. We were impressed with the programs that are held in the Legacy Commons Event Hall. One of our favorite musical programs was a Bluegrass band. Meeting people who lived in the area all of their lives and others who came from far away is fun. Finding a resident that graduated from my high school in Philadelphia was a special treat and a pleasant surprise. Other things that make our choice of Westminster seem correct are: no more yardwork, no more snow shoveling, and not as much housework. We are thankful for the Housekeeping staff that clean our apartment every two weeks."

Tom and Betty Leonard are both from the Philadelphia area. They met at an adult dance at a Catholic Church and have been married for 58 years. They were married in Delaware County in Pennsylvania. They have a daughter and a son who live near Albany, New York. Betty graduated from Immaculate College with a Chemistry B.A. She worked for the Food and Drug Administration after college. Betty also worked as a substitute teacher and as a librarian. In 1968, she and Tom moved to Pittsfield, MA, home of GE's Large Power Transformer Plant. Tom worked for General Electric for twenty six years. He was employed in the aerospace industry for six years and in the Power Transformer Industry for thirty years. In addition to working for GE, Tom was employed by Westinghouse and ABB, as a Senior Design Engineer. Over the thirty years that Tom worked in the Power Transformer industry, he was responsible for between seventy to one hundred million dollars' worth of capital equipment for electric utility companies.

CCR: Myth or Fact

Myth: "I don't want to leave my family – and they can take care of me if my health changes."

Fact: Many of our residents say the exact opposite. They tell us that they made the choice to move to a CCRC like Westminster Village so that their



family does not have to worry about them as their health needs change. While children (and their parents) may

have good intentions, adult children have work and family often obligations is addition to the added aspect of having parents living in their home. As parents age, their needs cannot always be met by their family, no matter how loving or wellintentioned. For many older parents, they actually feel isolated when they live with their children because their network of friends may not be close by. Many of our residents have made the decision to move to Westminster because they wanted to take the burden off of their children by choosing a retirement community that includes access to good health care so that their future health care needs are always met.

Dr. Martin Luther King Jr.

America will honor the birthday of Dr. Martin Luther King, Jr, on January 15th. Dr. King was an American Christian minister and



activist who became the most visible

spokesperson and leader in the civil rights movement from 1955 until his assassination in 1968. Dr. King is best known for advancing civil rights through nonviolence and civil disobedience, inspired by his Christian beliefs and the nonviolent activism of Mahatma Gandhi.

Westminster's Trial Program

We are sure you have heard about our *Safe & Warm Trial Program*, where you can come to live in one of our furnished apartments for 3-4 months to see how you like us, but did you know that it is available at any time of year? Most people like to come in the winter because they feel safer living in a community but you could try us out

any time of year. All you basically need to bring would be your clothes. If you love



living at Westminster and would like to make it a permanent move, we will move our furniture out and you can move in your furniture in. Make sure to check out our 360° Virtual Tours on our website wvmuncie.com. Tyler and Melody would be happy to "walk through" the tour with you. It is almost like touring in person!

If you would like to opt out of this newsletter, please call Melody.

