

July 2022

Westminster Village Resident Spotlight



"After a fall and some heart issues, our daughter finally told my husband Jack and I that it was time to move to Westminster. We were able to schedule a tour with Tyler the next day and picked out an apartment. We made a few custom changes to the apartment so it would suit our needs, then our daughter decorated it beautifully. My husband Jack moved into the apartment 10 days before me because I was in Westminster's Health Center rehabbing after a heart attack. I try to participate in as many

activities as I can. I enjoy Bingo on Thursday nights and the Movie & Popcorn on Friday afternoons. Once a month the Lunch Bunch goes out to a local restaurant and that is always a fun activity to do with my friends. I have made a lot of new friends and I hope to continue making more. I love my apartment. It does face the parking lot but I enjoy watching people come and go. I can also watch for people that are coming to visit me. When the weather is nice, I like to walk out to the gazebo, sit in the shade, and watch the swans. This time of year, the grounds around Westminster are so beautiful. I am so glad to be here. I have no complaints. We were so thankful to be here at Westminster during COVID! - Thelma Peckinpaugh was born and raised in Muncie. She graduated from Muncie Central High School and is a Bearcat fan all the way! Her husband Jack was born and raised in New Castle. He was a true Trojan but after they were married, he became a Bearcat! She worked for the Muncie Community Schools as a Budget and Audit Clerk. Thelma met Jack at a dance and fell head over heels for him. He was going to be a coach/teacher in Southern Indiana but he was drafted into the Army. They were married while on a 24 hour pass and Jack left for Korea several weeks after they were married. During his service, Jack was a helicopter pilot for a general. Jack and Thelma were married for 71 years before Jack passed in 2021. Thelma has three daughters, six grandchildren and 7 great grandchildren. Thelma says that Jack was a wonderful husband and father, and they all miss him very much.

Senior Moment Been There...Done That!

Jockey, Willie Shoemaker would have won the 1957 Kentucky Derby but for a world-class senior moment. Coming around the final turn, his horse, *Gallant Man*, was in the lead and no doubt would have stayed there if the veteran jockey,

who has been in hundreds of races, had not forgotten where he was on the track. He mistook the 16th pole, the last one before the



finish line, for the finish line itself and stood up in the stirrups in



in the stirrups in triumph. The horse behind him, Iron Liege, passed him and won the Derby. Shoemaker, one of the greatest jockeys

of all time, was suspended for 15 days for his inexplicable memory lapse.

CCRC: Myth or Fact?

Myth: "*I* will lose my independence."

Fact: Many older adults won't even living consider in а CCRC (Continuing Retirement Care Community) because they believe these communities will rob them of their independence. However, this couldn't be farther from the truth. Communities. like Westminster Village, are designed to give you more variety and diversity in what you're able to do or accomplish. From fitness classes to events and



social opportunities, you will be doing things you never

thought possible. Also, your apartment is your own. Although it's part of the Westminster community, you can make your accommodations reflect your individual personality. Our apartments include Full Kitchens or Kitchenettes, living areas, and bedrooms. Plus, if daily chores become too much over time, we provide

Housekeeping and Maintenancefree living. This gives you



greater freedom to spend your time doing things you actually enjoy!

A Move-in Before Winter

It is not too early to start planning where you are going to spend this winter. It is warm now but, unfortunately, winter is inevitable. Westminster has welcomed a number of new residents already this summer but there are still apartments available in all the different floor plans. Come and



experience the dining rooms and activities. And, we will do the shoveling for

you! To schedule a tour, call Tyler or Melody at 765-288-2155.

If you would like to opt out of this newsletter, please call Melody at 765-288-2155.

