

JULY 2025

Health Center Activities Calendar

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LOCATION KEY:

(CV) COOPERVISTA
(PC) PLAY COURT
(U) UNITS

(EH) EVENT HALL
(CY) COURTYARD
(C) CHAPEL

1

10:00 VISITS/MINDFUL
MOMENTS-U
10:30 WALK WESTMINSTER
1:30 MUSIC W/ JUDY-PC
2:30 PARTY IN THE
COURTYARD

2

10:00 SEATED STRETCH-PC
10:30 BIBLE STUDY W/ RON-PC
1:30 CRAFT CLUB-PC
2:00 DOCUMENTARY-PC

3

10:00 SEATED STRETCH-PC
10:30 JEOPARDY-PC
2:00 BINGO-PC
3:00 WALKING GROUP

4

INDEPENDENCE DAY

1:00 BINGO-PC

5

10:00 DEVOTIONS-PC
10:30 BINGO-PC
12:30 WALK WESTMINSTER
2:00 MAIL & DROP INS

6

PUZZLES AND DEVOTIONS
AVAILABLE ON UNITS

7

10:00 SEATED STRETCH-PC
10:30 THE UNGAME-PC
1:30 COOKING GROUP-PC
2:00 VISIT THE SWANS

8

10:00 VISITS/MINDFUL
MOMENTS-U
10:30 WALK WESTMINSTER
1:30 MOCKTAILS-PC
2:00 CARD GAME-PC

9

10:00 SEATED STRETCH-PC
10:30 DOG VISITS -PC
1:30 OUTING TO CAMMACK
STATION

10

10:00 SEATED STRETCH-PC
10:30 WHAT'S IN THE BOX-PC
2:00 BINGO-PC
3:00 CRAFT CLUB - PC

11

10:00 SEATED STRETCH-PC
10:30 GUESS WHO-PC
2:00 MOVIE & POPCORN: "MY
BIG FAT GREEK WEDDING" -
PC
2:00 POPCORN CART-U

12

10:00 DEVOTIONS-PC
10:30 BINGO-PC
12:30 WALK WESTMINSTER
2:00 MAIL & DROP INS

13

PUZZLES AND DEVOTIONS
AVAILABLE ON UNITS

14

10:00 SEATED STRETCH-PC
10:30 PASSWORD-PC
1:30 CARD MAKING-PC
2:00 ICE CREAM TRUCK-U

15

9:00 MUSIC W/ JUDY-U
10:30 WALK WESTMINSTER
2:00 MONTHLY BIRTHDAY
PARTY-PC
3:00 MUSIC W/ ANGIE &
CHRIS

16

10:00 SEATED STRETCH-PC
10:30 BIBLE STUDY W/ RON-
PC
1:30 MUSIC W/ AMY - PC
2:30 GOODIE BAGS-PC

17

10:00 SEATED STRETCH-PC
10:30 TRIVIA-PC
2:00 BINGO-PC
3:00 STRAWBERRY
SHORTCAKE-PC

18

10:00 SEATED STRETCH-PC
10:30 THE PRICE IS RIGHT-PC
2:00 MOVIE & POPCORN:
"SOME LIKE IT HOT"-PC
2:00 POPCORN CART-U

19

10:00 DEVOTIONS-PC
10:30 BINGO-PC
12:30 WALK WESTMINSTER
2:00 MAIL & DROP INS

20

PUZZLES AND DEVOTIONS
AVAILABLE ON UNITS

21

10:00 SEATED STRETCH-PC
10:30 CORNHOLE-PC
1:30 COOKING GROUP-PC
6:00 MUSIC W/ PAUL WHITE-
PC

22

10:00 VISITS/MINDFUL
MOMENTS-U
10:30 WALK WESTMINSTER
1:30 CRAFT CLUB-PC
2:00 DOCUMENTARY-PC

23

10:00 SEATED STRETCH-PC
10:30 PEANUT AUCTION-PC
1:30 MUSIC W/ JUDY-PC
2:30 CARD GAME-PC

24

10:00 SEATED STRETCH-PC
10:30 RESIDENT COUNCIL-PC
2:00 BINGO-PC
3:00 WALKING GROUP-PC

25

10:00 SEATED STRETCH-PC
10:30 MAD LIBS -PC
2:00 MOVIE & POPCORN:
"NONNAS" -PC
2:00 POPCORN CART-U

26

10:00 DEVOTIONS-PC
10:30 BINGO-PC
12:30 WALK WESTMINSTER
2:00 MAIL & DROP INS

27

PUZZLES AND DEVOTIONS
AVAILABLE ON UNITS

28

10:00 SEATED STRETCH-PC
10:30 THE UNGAME-PC
1:30 MASSAGES W/ MYRA-PC
2:00 MUSIC & MANICURES-
PC

29

10:00 VISITS/MINDFUL
MOMENTS-U
10:30 WALK WESTMINSTER
2:00 CARD GAME-PC
3:00 CHARCUTERIE TASTE
TEST-PC

30

10:00 SEATED STRETCH-PC
10:30 WOULD YOU RATHER-PC
1:30 OUTING TO BALL STATE
CAMPUS

31

10:00 SEATED STRETCH-PC
10:30 TRIVIA-PC
2:00 BINGO-PC
3:00 WALKING GROUP

**CONTACT THE LIFE ENRICHMENT
TEAM WITH ANY QUESTIONS AT
765.288.2155 EXT 1140
ALL OUTDOOR ACTIVITIES/OUTINGS
ARE WEATHER PERMITTING**