



VILLAGE VOICE

July 2025

Not-for-Profit vs. For-Profit Life Plan Communities: What's the difference?

Choosing the right Life Plan Community is about more than just location or amenities—it's also about understanding the organization's values and how those values shape care and services. One key distinction is whether a community is not-for-profit or for-profit, which can have a lasting impact on your experience. At a not-for-profit Life Plan Community like Westminster Village, the focus is

mission-driven. These communities exist to serve residents, not shareholders, with revenue reinvested into facilities, programs, team support, and resident assistance. Governance is typically handled by a local volunteer board that prioritizes community well-being.

For-profit Life Plan Communities are owned by private companies or investors. While they also provide housing and services, part of their revenue supports owners or shareholders. This structure may sometimes influence decisions based on financial return, potentially affecting pricing, staffing, or resources.

At Westminster Village, we're proud to operate as a not-for-profit Life Plan Community, committed to enhancing the lives of our residents every day. From reinvesting in services to supporting our staff and families, everything we do comes from our mission—to serve with excellence, compassion, and integrity.

Synchrony Strong: Do you think you might have swallowing difficulties?

Have you experienced any of the following while eating or drinking:

- Feels like food or medications are stuck in your throat
- A consistent tickle in your throat
- Do you sound like you're talking underwater after you drink
- Your nose runs during mealtime but not throughout the day
- You frequently cough throughout your meal
- Your eyes water
- You feel like you need to clear your throat after eating and drinking
- You avoid certain foods because they are hard to eat



These signs you listed are important indicators of swallowing difficulties, also known as dysphagia. It's crucial to recognize them early because swallowing problems can lead to choking, aspiration (food or liquid going into the lungs), and even respiratory infections like pneumonia. If you or someone you know is experiencing any of these symptoms during meals, it's a good idea to:

- Consult a healthcare professional like a speech-language pathologist (SLP), who specializes in swallowing assessments and therapy.
- Keep a detailed record of symptoms to share with your doctor.
- Modify food textures or liquids as recommended to make swallowing safer.

JULY ACTIVITY HIGHLIGHTS

Date:	Time:	Activity:
July 1:	7:00 p.m.	Music: Denni Glander
July 2:	2:00 p.m.	Music: Glenn Welch
July 4:	5:00 p.m. 8:00 p.m.	Social Hour Fireworks From the Capital & Refreshments
July 7:	10:00 a.m. 7:00 p.m.	Fishing at the Gazebo Music: Michael Cloyes
July 10:	11:00 a.m. 2:30 p.m.	Picnic on the Green Watercolor Painting
July 16:	7:00 p.m.	Music: Mark Scranton
July 17:	3:00 p.m.	Poets Society
July 18:	10:30 a.m. 2:00 p.m. 5:00 p.m.	Food Truck Frenzy: The Food Vault The William Pitsenbarger Story by Mike Downham Social Hour
July 21:	7:00 p.m.	Music: Paul White
July 22:	3:00 p.m.	Jewelry Making
July 23:	3:00 p.m.	Singer: Mike Wright (Oldies Music)
July 24:	9:30 a.m. 2:30 p.m.	Driving Range at Players Club Watercolor Painting
July 28:	2:30 p.m.	Revved Up Retiree by Cheryl Blair
July 30:	8:00 a.m. 7:00 p.m.	Men's Breakfast Music: Teresa Fields
July 31:	2:00 p.m.	Music: Sweet Sounds

Stay Cool & Comfortable with Our Trial Program!

Now is the time to start thinking about where you want to spend spring and summer. With life-enriching connections to enhance your mind, body, and spirit, you can celebrate the the season in a cool, comfortable environment. Pack your bags and enjoy a fun and relaxing spring and summer!



For more information, call Tyler or Brenda at 765-288-2155



Food Truck Frenzy

Come hungry and join us on Friday, July 18th for delicious eats from The Food Vault! Open to residents, employees, and the entire community- everyone's invited!

Westminster Village-Parking Lot
5801 W Bethel Ave, Muncie IN
Lunch will be served 10:30 a.m.-1:30 p.m.

SilverSneakers

The YMCA is providing Silversneakers classes at Westminster Village for residents and guest for FREE!



Time: Tuesdays & Thursdays at 10:30 a.m.
Address: 5801 W Bethel Ave, Muncie

Silversneakers is a fun, energizing program for older adults to partake in. The class focuses on low impact cardio, strength, balance, and flexibility.



Employee Spotlight

Name: Michelle Beaty **Job Title:** Clerical Assistant/LPN **Department:** Nursing

What is your favorite hobby? One of Michelle's hobbies is traveling!

What's one thing on your bucket list? She would like to travel and see all 50 states. She only has 20 more to see.

What's a fun fact about you many people may not know? She loves to dance when no one is watching!

How long have you been with the company? Michelle has worked at Westminster Village for 17 years.

What do you enjoy most about working here? What Michelle enjoys most is working alongside caring and compassionate staff from all of the departments and interacting with the residents.



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Would you or a family member like to leave a lifelong legacy? You can make a contribution or memorial to the Westminster Village Foundation. To learn more about the Foundation, go to www.wvmuncie.com/village-foundation-inc