

### Week at a Glance

|                         | SUNDAY, 7/13/2025   | MONDAY, 7/14/2025  | TUESDAY, 7/15/2025   | WEDNESDAY, 7/16/2025  | THURSDAY, 7/17/2025   | FRIDAY, 7/18/2025   | SATURDAY, 7/19/2025   |
|-------------------------|---|--|--|---|---|---|---|
| Breakfast<br>7:30am-9am | Pancakes<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Breakfast Biscuit Sandwich<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Potato Basil Scramble<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Belgian Waffle<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | French Toast<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Monterey Jack Cheese Egg Bake<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Biscuit with Country Gravy<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana |
|                         | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  |
| Lunch<br>11:30am-1pm    | Split Pea Soup<br>Broccoli Salad  | Cream of Tomato Soup<br>House Salad with Dressing  | Minestrone Soup<br>Fresh Fruit Salad   | French Onion Soup<br>House Salad with Dressing  | Chicken Tortilla Soup<br>House Salad with Dressing  | Vegetable Beef Soup<br>House Salad with Dressing  | Italian Wedding Soup<br>House Salad with Dressing   |
|                         | Baked Ham with Pineapple Glaze<br>Herb Yukon Potatoes<br>Chefs Vegetable Blend<br>Choice of Bread & Butter  | Grilled Cheese Sandwich<br>Potato Chips<br>California Blend Vegetables<br>Choice of Bread & Butter   | BBQ Chicken Salad<br>Capri Blend Vegetables  | Mushroom Quiche<br>Macaroni and Cheese<br>Seasoned Stewed Tomatoes<br>Choice of Bread & Butter  | Gyro Sandwich<br>Tater Tots<br>Fresh Whole Green Beans<br>Choice of Bread & Butter  | Ham Salad<br>Steamed Carrots<br>Choice of Bread & Butter  | Stuffed Green Pepper<br>Chefs Vegetable Blend<br>Breadstick & Butter  |
|                         | Chocolate Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Sugar Cream Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Lemon Bar<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Carrot Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Frosted Spice Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Gelatin<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | New York Style Cheesecake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   |
|                         | Split Pea Soup<br>Salad of the Day with Dressing  | Cream of Tomato Soup<br>Caprese Salad  | Minestrone Soup<br>Spinach Salad   | French Onion Soup<br>Corn Relish Salad  | Chicken Tortilla Soup<br>Tomato Cucumber Salad  | Vegetable Beef Soup<br>Salad of the Day with Dressing   | Italian Wedding Soup<br>Sweet and Sour Coleslaw   |
| Dinner<br>4:30-6pm      | Pepperoni Pizza<br>Italian Blend Vegetables   | Honey Mustard Chicken with<br>Turmeric<br>Herb Red Potatoes<br>Savory Green Beans<br>Choice of Bread & Butter  | Baked Salmon<br>Rice Pilaf<br>Key West Blend Vegetables<br>Choice of Bread & Butter  | Creamed Chipped Beef over<br>Whipped Potatoes<br>Country Gravy<br>Bacon Peas<br>Biscuit   | Sliced Turkey<br>Whipped Potatoes<br>Seasoned Beets<br>Choice of Bread & Butter   | Sweet and Sour Meatballs<br>Whipped Potatoes<br>Fiesta Blend Vegetables   | General Tso's Chicken<br>Steamed White Rice<br>Stir Fry Vegetable Blend<br>Choice of Bread & Butter   |
|                         | Butterscotch Pudding with<br>Topping<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Frosted Banana Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Coconut Cream Pie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | SMores Dessert<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Raspberry Oatmeal Nut Square<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Custard Pie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Cream Puff<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   |

# Spring/Summer 25 Regular Diet



### Week at a Glance

|                         | SUNDAY, 7/20/2025  | MONDAY, 7/21/2025  | TUESDAY, 7/22/2025   | WEDNESDAY, 7/23/2025  | THURSDAY, 7/24/2025  | FRIDAY, 7/25/2025  | SATURDAY, 7/26/2025   |
|-------------------------|--|--|--|---|--|--|---|
| Breakfast<br>7:30am-9am | Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Assorted Scones & Butter<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Chocolate Chip Pancakes<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Egg Benedict on English Muffin<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Baked French Toast<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Denver Omelet<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Biscuit with Country Gravy<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Cinnamon Rolls<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana |
|                         | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  |
|                         | Garden Spring Salad with<br>Cranberries and Feta   | Cream of Potato Soup<br>House Salad with Dressing  | Lima Bean and Ham Soup<br>House Salad with Dressing  | Chicken and Dumpling Soup<br>House Salad with Dressing  | Minestrone Soup<br>Chopped Italian Salad   | Split Pea Soup<br>Creamy Coleslaw  | French Onion Soup<br>House Salad with Dressing  |
| Lunch<br>:30am-1pm      | Classic Meat Loaf<br>Pot Roast<br>Whipped Potatoes<br>Beef Gravy<br>Prince Edward Vegetable Blend<br>Croissant & Butter  | Sloppy Joe on a Bun<br>Potato Chips<br>Steamed Broccoli<br>Choice of Bread & Butter  | Sweet and Sour Chicken<br>Steamed White Rice<br>Stir Fry Vegetable Blend<br>Egg Roll   | Pineapple Chicken Salad<br>Mozzarella Cheese Cubes<br>Choice of Bread & Butter  | Baked Spaghetti<br>Breadstick & Butter   | Fried Fish Sandwich<br>Potato Chips<br>Seasoned Baby Carrots<br>Choice of Bread & Butter   | French Dip Sandwich with Au<br>Jus<br>Rosemary Sweet Potatoes<br>Buttered Peas<br>Choice of Bread & Butter  |
| Lur<br>11:30ai          | Cherry Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Peach Shortcake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Frosted Brownie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | No-Bake Cheesecake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Orange Chiffon Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Pistachio Pudding with Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Angel Food Cake with Fruit<br>Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   |
|                         | Beef Barley Soup<br>House Salad with Dressing  | Cream of Potato Soup<br>Ranch Pasta Salad  | Lima Bean and Ham Soup<br>Spinach Salad  | Chicken and Dumpling Soup<br>German Potato Salad  | Minestrone Soup<br>Waldorf Salad   | Split Pea Soup<br>Three Bean Salad   | French Onion Soup<br>Pasta Salad  |
| Dinner<br>4:30-6pm      | Pork Tenderloin<br>Waffle Fries<br>California Blend Vegetables   | Chicken Cordon Bleu<br>Parmesan Potato Wedges<br>Steamed Green Beans<br>Choice of Bread & Butter   | Sautéed Shrimp<br>Oven Roasted Red Potatoes<br>Seasoned Wax Beans<br>Choice of Bread & Butter  | Fried Chicken<br>Whipped Potatoes<br>Gravy<br>Buttered Corn<br>Choice of Bread & Butter   | BBQ Beef on a Bun<br>Baked Beans   | Smoked Rope Sausage with<br>Sauerkraut<br>Dill Potatoes<br>Choice of Bread & Butter  | Classic Crab Cake<br>Old Bay Seasoned Fries   |
|                         | Assorted Cookies<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Ice Cream Sandwich<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Apple Crisp<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | German Chocolate Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Banana Drop Cookies<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Lemon Cream Pie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Red Velvet Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  |

# Spring/Summer 25 Regular Diet



### Week at a Glance

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|-------------------------|--|--|---|---|--|---|---|
|                         | SUNDAY, 7/27/2025  | MONDAY, 7/28/2025  | TUESDAY, 7/29/2025  | WEDNESDAY, 7/30/2025  | THURSDAY, 7/31/2025  | FRIDAY, 8/1/2025  | SATURDAY, 8/2/2025  |
| Breakfast<br>7:30am-9am | Buttermilk Pancakes<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Breakfast Brunch Casserole<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Waffles with Spiced Apple<br>Topping<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Breakfast Biscuit Sandwich<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Danish<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Pecan Caramel French Toast<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Yogurt Fruit Parfait<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana |
|                         | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  |
| Lunch<br>11:30am-1pm    | Beef Barley Soup<br>Salad of the Day with Dressing   | Broccoli Cheese Soup<br>Salad of the Day with Dressing   | Chicken Tortilla Soup<br>Salad of the Day with Dressing   | Tomato Basil Soup<br>Salad of the Day with Dressing   | Cream of Mushroom Soup<br>Salad of the Day with Dressing   | Southwestern Corn Soup<br>Salad of the Day with Dressing  | Split Pea Soup<br>Salad of the Day with Dressing  |
|                         | Chicken with Spiced Peach<br>Sauce<br>Wild Rice Blend<br>Chefs Vegetable Blend<br>Choice of Bread & Butter   | Classic Meat Loaf<br>Whipped Potatoes<br>Beef Gravy<br>Garlic Roasted Fresh Cauliflower<br>Choice of Bread & Butter  | BBQ Pork on a Bun<br>Whipped Potatoes<br>Beef Gravy<br>Steamed Green Beans<br>Choice of Bread & Butter  | Reuben Sandwich<br>Potato Chips<br>California Blend Vegetables<br>Choice of Bread & Butter  | Tomato Quiche<br>Key West Blend Vegetables<br>Choice of Bread & Butter   | Grilled Chicken Fajita Salad<br>Fried Green Tomatoes<br>Choice of Bread & Butter  | Cheese Lasagna<br>Chefs Vegetable Blend<br>Garlic Bread   |
|                         | Chocolate Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Blueberry Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Peanut Butter Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Fruited Gelatin with Whipped<br>Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Apple Cobbler<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Banana Pudding with Whipped<br>Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Strawberry Rhubarb Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  |
| Dinner<br>4:30-6pm      | Beef Barley Soup<br>Macaroni Salad   | Broccoli Cheese Soup<br>Salad of the Day with Dressing   | Chicken Tortilla Soup<br>Pickled Beets  | Tomato Basil Soup<br>Salad of the Day with Dressing   | Cream of Mushroom Soup<br>Waldorf Salad  | Southwestern Corn Soup<br>Creamy Coleslaw   | Split Pea Soup<br>Broccoli Salad  |
|                         | Grilled Ham and Cheese<br>Sandwich<br>Potato Chips<br>Green and Gold Bean Salad  | Chicken and Noodles<br>Whipped Potatoes<br>Poultry Gravy<br>Chefs Vegetable Blend<br>Choice of Bread & Butter  | Baked Salmon<br>Whipped Potatoes<br>Beef Gravy<br>Creamed Peas  | Greek Chicken Grain Bowl<br>Pita Bread  | Braised Beef Tips<br>Tri Color Pasta<br>Herb Red Potatoes<br>Steamed Broccoli<br>Choice of Bread & Butter  | BBQ Country Style Ribs<br>Creamed Corn<br>Steamed Spinach<br>Choice of Bread & Butter   | Cranberry Glazed Turkey<br>Whipped Potatoes<br>Poultry Gravy<br>Honey Glazed Baby Carrots<br>Choice of Bread & Butter   |
|                         | Zucchini Bread Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Watermelon<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Cream Cheese Brownie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Coconut Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Key Lime Pie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Lemon Bar<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Carrot Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  |

# Spring/Summer 25 Regular Diet

Approved By: \_\_\_\_\_



### Week at a Glance

|                         | SUNDAY, 8/3/2025   | MONDAY, 8/4/2025   | TUESDAY, 8/5/2025  | WEDNESDAY, 8/6/2025   | THURSDAY, 8/7/2025   | FRIDAY, 8/8/2025  | SATURDAY, 8/9/2025  |
|-------------------------|--|--|--|---|--|---|---|
| Breakfast<br>7:30am-9am | Buttermilk Pancakes<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Biscuit with Sausage Gravy<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Egg Benedict on English Muffin<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Belgian Waffle<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Sausage Egg Bake<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>Toast<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Baked French Toast<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana | Cinnamon Rolls<br>Egg (1)(2): Scrambled, Poached,<br>Over Easy, Over Hard<br>English Muffin<br>Donut<br>Toast<br>Fresh Seasonal Fruit<br>Frosted Flakes, Raisin Bran,<br>Cheerios, Cinn. Toast Crunch<br>Bacon<br>Oatmeal<br>Fresh Banana |
|                         | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice   | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  | Choice of Juice<br>Milk 2%<br>Coffee / Tea / Decaf<br>Prune Juice<br>Tomato Juice<br>Orange Juice<br>Cranberry Juice  |
| Lunch<br>11:30am-1pm    | Italian Wedding Soup<br>Italian Style Pasta Salad<br>Garlic Pepper Pork Loin<br>Parmesan Fingerling Potatoes<br>Key West Blend Vegetables<br>Dinner Roll & Butter  | Cream of Potato Soup<br>Salad of the Day with Dressing<br>Beef Chili<br>Steamed Yellow Squash<br>Cornbread Muffin & Butter   | Vermont Cheese Soup<br>House Salad with Dressing<br>Chicken Patty on a Bun<br>Potato Chips<br>Choice of Bread & Butter   | Cream of Celery Soup<br>House Salad with Dressing<br>Grilled Ham and Cheese<br>Sandwich<br>Roasted Sweet Potatoes<br>California Blend Vegetables<br>Choice of Bread & Butter  | Chicken Noodle Soup<br>House Salad with Dressing<br>Bratwurst on a Bun<br>Baked Beans<br>Seasoned Carrots<br>Choice of Bread & Butter  | Turkey Vegetable Soup<br>House Salad with Dressing<br>Tuna Salad Sandwich<br>Potato Chips<br>Seasoned Green Beans<br>Choice of Bread & Butter   | Cream of Tomato Soup<br>House Salad with Dressing<br>Chicken Pot Pie<br>Whipped Potatoes<br>Choice of Bread & Butter  |
|                         | Sugar Cream Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Brownie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Pound Cake with Fruit Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Banana Bread & Butter or<br>Margarine<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Apple Pie<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  | Strawberry Sheet Cake<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate   | Chocolate Pudding with Topping<br>Assorted Ice Cream<br>Choice of Beverage<br>Lemonade (No Sugar Added)<br>Iced Tea<br>Coffee / Tea / Decaf or Milk<br>Hot Chocolate  |
| Dinner<br>4:30-6pm      | Italian Wedding Soup<br>Salad of the Day with Dressing   | Cream of Potato Soup<br>Green Pea Salad  | Vermont Cheese Soup<br>Sweet Cucumber Salad  | Cream of Celery Soup<br>Spinach Salad   | Chicken Noodle Soup<br>Caprese Salad   | Turkey Vegetable Soup<br>Salad of the Day with Dressing   | Cream of Tomato Soup<br>Garden Spring Salad with<br>Cranberries and Feta  |
|                         | Turkey Cranberry Sandwich<br>Potato Wedges<br>Seasoned Wax Beans<br>Choice of Bread & Butter   | Honey Mustard Chicken<br>Whipped Potatoes<br>Gravy<br>Prince Edward Vegetable Blend<br>Choice of Bread & Butter  | Lemon Butter Baked Cod<br>Baked Sweet Potato<br>Seasoned Baby Carrots<br>Choice of Bread & Butter  | Spaghetti with Meatballs<br>Italian Blend Vegetables<br>Garlic Bread  | Glazed Ham Loaf<br>Au Gratin Potatoes<br>Baked Apple Slices<br>Choice of Bread & Butter  | Pot Roast<br>Whipped Potatoes<br>Beef Gravy<br>Buttered Peas and Carrots<br>Choice of Bread & Butter  | BBQ Chicken Quarters<br>Rice Pilaf<br>Chefs Vegetable Blend<br>Choice of Bread & Butter   |
|                         | Grapes<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Cheesecake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Cookie of the Day<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate   | Yellow Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Ambrosia<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Black Forest Cake<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  | Peach Pie<br>Assorted Ice Cream<br>Milk 2%<br>Coffee / Tea / Decaf<br>Iced Tea<br>Lemonade (No Sugar Added)<br>Hot Chocolate  |

# Spring/Summer 25 Regular Diet